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Curriculum reforms at UHS: a sustainable leap toward transformative medical education

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ABSTRACT

The University of Health Sciences (UHS), Lahore, has undertaken transformative curriculum reforms through the Modular Integrated MBBS Curriculum 2K23, shifting from discipline-based teaching to a competency-driven, integrated model. Emphasizing spiral learning, early clinical exposure, and the “Seven Star Doctor” concept, UHS has mandated life-saving emergency skills training for over 20,000 annual graduates across health disciplines. Reforms extend to nursing and allied health sciences, promoting interprofessional education, digital integration, and sustainability through continuous feedback, faculty development, and research. By embedding global standards within local relevance, UHS positions itself as a leader in socially accountable, future-ready healthcare education, fostering a collaborative culture of excellence.

Keywords: UHS, Lahore, modular integrated curriculum, MBBS, 2K23, seven-star doctor.

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